

Vocational Support for the Collaborative Divorce Process

I'm so happy to be a part of the collaborative community as an allied professional. I hope this information is helpful in understanding how vocational work can support the process. You are always welcome to [reach out anytime](#) with questions.

Vocational Assessments

Vocational assessments can be helpful when the client and the process need:

- A written, realistic career plan that supports the client in their next chapter
- Timelines and potential income to inform spousal support

The report includes: Recommended career paths, income potential, estimated timelines, formal assessments and their results, career specific context to the client's history, impact of the divorce on work, skills and talents, barriers and challenges, and a plan of action.

Career Coaching

When a written assessment isn't needed, career coaching can be a useful support to your clients, during or after the collaborative process. We can cover a wide variety of topics including career development (making what they currently do work better for them) and career transition (career change, re-entry into the work force, etc). Sessions can be done one at a time or in a package.

With both vocational assessments and career coaching, clients are welcome to schedule a [free 30 minute consultation](#) to ask questions and share about their situation. Both services are focused on creating confidence and removing blocks to moving forward regarding work options.

Resources

My absolute favorite book for life changes is [Transitions by William Bridges](#). It gives people a framework for what they are going through, and creates perspective for the work we do together. I also have two free workbooks that are helpful: [Weathering Work Change](#) and [Threads](#).

About Aubrie De Clerck, CPC, PCC

Aubrie is highly respected ICF certified career coach and the founder of [Coaching for Clarity](#). She is considered an expert in providing career development and career transition services to those experiencing big life changes including divorce, grief & loss, health challenges, and layoffs. You can learn more about Aubrie on [LinkedIn](#). Collaboratively trained.